

OTTER TRAIL GUIDE

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

TIDES JUNE 2023

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0725	1727	0150	1422	0808	2011
2	0725	1726	0228	1502	0845	2049
3	0726	1726	0308	1541	0922	2129
4	0726	1726	0350	1622	1001	2210
5	0727	1726	0433	1704	1042	2254
6	0727	1725	0517	1747	1124	2342
7	0728	1725	0603	1834	1208	---
8	0728	1725	0652	1927	0034	1255
9	0729	1725	0746	2030	0133	1347
10	0729	1725	0849	2146	0242	1450
11	0730	1725	1006	2304	0406	1611
12	0730	1725	1128	---	0528	1738
13	0731	1725	0009	1239	0633	1843
14	0731	1725	0103	1336	0724	1934
15	0732	1725	0151	1425	0808	2018
16	0732	1725	0235	1507	0847	2058
17	0732	1725	0316	1546	0924	2135
18	0733	1725	0355	1622	0958	2211
19	0733	1726	0432	1655	1032	2246
20	0733	1726	0506	1727	1104	2320
21	0733	1726	0540	1758	1136	2354
22	0733	1726	0612	1831	1209	---
23	0733	1726	0646	1907	0031	1243
24	0734	1727	0723	1950	0112	1321
25	0734	1727	0807	2044	0200	1405
26	0734	1727	0904	2151	0301	1502
27	0734	1728	1019	2304	0418	1618
28	0734	1728	1145	---	0539	1741
29	0734	1728	0009	1255	0644	1848
30	0734	1729	0106	1352	0737	1942

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

